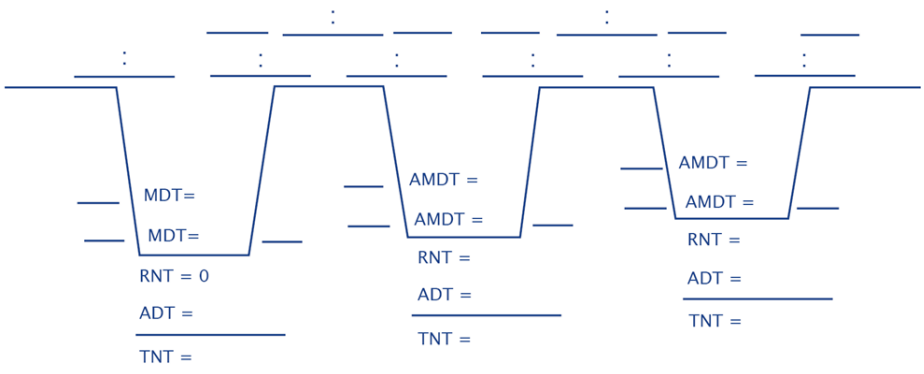
Open Water ODIGTML Dive Planning Worksheet

☐ **O**xygen	CNS%					
	OTU					
☐ **D**ecompression	Gas/EAD	Max Depth	Time	NDL	Turn Time	
☐ **I**nert Gas Narcosis						
☐ **G**as Management	My Turn PSI	Buddy Turn PSI				
☐ **T**hermal						
☐ **M**ission						
☐ **L**ogistics						

NOTES:

DIVE PLANNING WORKSHEET



TERMS AND ABBREVIATIONS USED IN DIVE PLANNING

Repetitive Dive – Any dive made less than 24 hours after a previous dive.
ADT – Actual Dive Time – The time from the moment of descent until returning to the surface.
Letter Group – A letter symbol for the amount of Residual Nitrogen remaining in the body from previous dives.
SIT – Surface Interval Time – The time spent at the surface between dives.
RNT – Residual Nitrogen Time – The nitrogen remaining in the body from a dive or dives made within the past 24 hours.
AMDT – Adjusted Maximum Dive Time – The maximum Dive Time for the depth of a dive minus the RNT.
TNT – Total Nitrogen Time – The sum of RNT and ADT. This figure is used to obtain a letter group after repetitive dives.